

# the garage

## SPONSORED AWARD PLACES SPRING TERM 2010

As part of our ongoing commitment to residents of the NELM (North Earlham, Larkman and Marlpit) area, we are pleased to offer free sponsored award places on regular classes taking place at The Garage. A full list of the class opportunities can be found below. If you are interested in taking up a sponsored award place, would like further information or would just like to get in touch and discuss which opportunity may be best suited for you or your child, then please feel free to give us a call on 01603 283386.

### How to book your place

The deadline for reserving your place is 11<sup>th</sup> December 2009. All of our sponsored award places are recruited on a first come first served basis so contact us as soon as possible if you would like to benefit from this offer. We regret that we will be unable to accept requests after the deadline. To reserve your place call Hannah on 01603 283386. There is an answering machine so if we are busy, you can leave us a message, but be sure to tell us:

- That you want to reserve a NELM sponsored award place
- Your name
- Your age
- The activity you would like to book
- Your address and telephone number

Once we have received your request we will send you a letter or give you a call to let you know whether the place you have booked is available and to confirm the time and date of the activity. If the opportunity has already been filled, we will keep your details on file and notify you of opportunities for the next term of sponsored award places.

You can also find out more about the other opportunities available at The Garage by checking our website ([www.thegarage.org.uk](http://www.thegarage.org.uk)) and joining our facebook group (garagenorwich).



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## Dance and Movement Classes - Winter / Spring Term 2010

We have a range of opportunities for young people and adults to join dance and movement classes provided by Norfolk Dance. The Class programme is delivered over a 10 week term with participants expected to attend all or most of the sessions. To find out more information about each class, please check out the Norfolk Dance website ([www.norfolkdance.co.uk](http://www.norfolkdance.co.uk)). If you are unable to access the web, please give us a call and we will send you a brochure.

Description of class	no of sessions	no of places offered	Day	Age	Dates	Times
Move Now	10	1	Thursday	5-7 yrs	14 Jan -25 Mar	4.45 – 5.45 pm
Move It	10	2	Monday	8-11 yrs	11 Jan – 22 Mar	4.40 – 5.55 pm
Move On	10	2	Wednesday	12-16 yrs	13 Jan – 24 Mar	4.45 – 6.15 pm
Toddler Dance	10	2 (1+ carer)	Tuesday	18 months – 4 yrs	12 Jan – 23 Mar	10.30 – 11.20 am
Toddler Dance	10	2 (1+carer)	Thursday	18 months – 4 yrs	14 Jan -25 Mar	1.00 – 1.50 pm
Contemporary beginners	10	1	Thursday	16+	14 Jan -25 Mar	7.45 – 9 pm
Contemporary intermediate	10	1	Wednesday	16+	13 Jan – 24 Mar	6.30 – 7.45 pm
Contemporary over 50s (Mosaic)	10	1	Wednesday	50+	13 Jan – 24 Mar	3.30 – 4.30 pm
Street Dance	10	1	Tuesday	8 – 11 yrs	12 Jan – 23 March	4.45 – 5.45 pm

Hip Hop beginners	10	1	Tuesday	12 – 16 yrs	12 Jan – 23 Mar	6 – 7 pm
Hip Hop intermediate	10	1	Tuesday	12 – 16 yrs	12 Jan – 23 Mar	7.15 – 8.15 pm
Adult Hip Hop	10	1	Tuesday	17+	12 Jan – 23 Mar	8.30 – 9.30 pm
Adult Creative Group	10	1	Monday	18+	11 Jan – 22 Mar	6 – 7.25 pm
Adult Beginners Ballet	10	1	Tuesday	16+	12 Jan – 23 Mar	7 – 8.30 pm
Adult Ballet Beginners	10	1	Friday	16+	15 Jan – 26 Mar	7.30 – 9 pm
Adult Ballet Improvers	10	1	Wednesday	16+	13 Jan - 24 Mar	8 – 9.30 pm
Adult Ballet Improvers	10	1	Wednesday	16+	13 Jan - 24 Mar	8 – 9.30 pm
Adult Ballet Intermediate	10	1	Thursday	16+	14 Jan - 25 Mar	6.10 – 7.40 pm
Adult Street Dance	10	1	Thursday	17+	14 Jan - 25 Mar	8 – 9 pm
Pilates	10	1	Friday	16+	15 Jan – 26 Mar	6 – 7.15pm
D4Dance	10	2 (1+carer)	Thursdays	18 months – 4 yrs	14 Jan – 25 Mar	6.10 – 7.25pm

## Dance and movement workshops - Winter / Spring 2010

These one off workshops provide a range of exciting opportunities for young people and adults to enjoy dance and movement without needing to commit to a full term of classes.

Description of class	no of sessions	no of places offered	Day	Age	Dates	Times
D4Dance	3	2 (1+carer)	Saturday	16+	Jan 23 <sup>rd</sup> , Feb 13 <sup>th</sup> , March 20 <sup>th</sup>	10.30 – 12.30
ACE Dance & Music	1	1	Thursday	8 – 11 yrs	Feb 18 <sup>th</sup>	10.30 – 12.30
ACE Dance & Music	1	1	Thursday	12 – 16 yrs	Feb 18 <sup>th</sup>	1-3 pm
D4 Dance Junior	1	1	Wednesday	6 – 11 yrs	Feb 17 <sup>th</sup>	10-11 am
Do Your Thing	1	2 (1 + carer)	Wednesday	6 – 11 yrs	Feb 17 <sup>th</sup>	11.30 – 12.30 pm
Richard Alston	1	1	Saturday	16+ yrs	March 13 <sup>th</sup>	10.30 – 12.30 pm
Ballet Day	1	1	Saturday	16+ yrs	Feb 6 <sup>th</sup>	10 -3 pm
Toddler Dance	2	2 (1+carer)	Saturday	18 months – 4 years	Jan 30 <sup>th</sup> & March 6 <sup>th</sup>	10 – 11 am

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## Acting and Drama Classes – Winter/ Spring 2010

The Theatre Royal Arts Courses offer theatre skills classes for young people and adults. Classes take place over a full 10 week term and participants are expected to attend all of the classes. Age guidelines are as at 1<sup>st</sup> September 2009. For more information about the Arts Courses, please check out their website ([www.theatreroyalnorwich.co.uk](http://www.theatreroyalnorwich.co.uk)).

Description of class	no of sessions	no of places offered	Day	Age	Dates	Times
Introduction class	10	1	Saturday	7	9th Jan	9-10am
Beginners 1A	10	1	Saturday	8	9th Jan	10-11am
Beginners 1B	10	1	Saturday	8	9th Jan	10-11am
Beginners 5	10	1	Saturday	10	9th Jan	11.15-12.15 pm
Beginners 6	10	1	Saturday	11	9th Jan	11.15-12.15 pm
Beginners 7	10	1	Saturday	11	9th Jan	11.15-12.15 pm
Introduction 1A	10	1	Saturday	12	9th Jan	12.30-1.45 pm
Introduction 3	10	1	Saturday	13	9th Jan	12.30-1.45 pm
Introduction 5	10	1	Saturday	13	9th Jan	2.45-4.00 pm
Adult Class	10	1	Thursday	18+	7th Jan	7.30-9.30 pm

The Garage is located in Norwich city centre, near the Theatre Royal. We regret that we are unable to provide parking. You can find our location and see more about the facilities and activities on our website ([www.thegarage.org.uk](http://www.thegarage.org.uk)).

Our address is The Garage, 14 Chapelfield North, Norwich, Norfolk, NR2 1NY.