



**Name:** Nick Doig

**Age:** 27

**Time involved with the Garage:** 10 years

**Activities:** Participant in D4Dance, Total Ensemble and Slanted Dance Creative Performance group. Office volunteer

*“D4Dance is an amazing group and I really love it”*

Nick is something of a fixture at the Garage! He first started coming to the Garage 10 years ago as a 17 year old and, as his mother says *“the Garage is Nick’s place and he has grown up here”*. He is a key participant in our D4Dance performance group and also attends Total Ensemble and Slanted Dance classes each week.

Nick is a beautiful dancer and natural performer – he’s very skilled at improvisation, he loves having an audience and he’s fantastic at expressing himself through movement. He’s a very friendly and popular member of D4Dance, always helping other people. He uses sign language to support non-verbal members of the group and is always kind and considerate. Nick loves that he can be a *“proper actor and dancer”* when he comes to the Garage. He thinks that Katy who runs D4Dance should get awards for the work that she does and how hard she works! For him Total Ensemble is *“wonderful and like my second family”*.

For Nick’s family the Garage has given him independence and confidence. He can make his own way here and always feels welcome and supported. He comes here to do what he loves and it is a crucial part of his life.

